

Surgery Packages Comparison

1

ALL PRICES ARE IN US DOLLARS, ALL TAXES ARE INCLUDED

Gastric Sleeve

FEATURES	ELITE CARE PACKAGE \$4,699	SIGATURE CARE PACKAGE \$3,999	CLINICAL CARE PACKAGE \$3,799
HOSPITAL FULL-SERVICE, CERTIFIED, ICU, BLOOD BANK	2 NIGHTS NEW CITY HOSPITAL	2 NIGHTS BLUE HOSPITAL	2 NIGHTS BLUE HOSPITAL
PRIVATE ROOM WITH PRIVATE BATHROOM	✓	✓	✓
HOTEL STAY PRIVATE ROOM: KING, DOUBLE, CARE	2 NIGHTS QUARTZ HOTEL	1 NIGHT QUARTZ HOTEL	✗
TRANSPORTATION WITH MEDICAL PASS	✓	✓	✓
COMPANION STAY FREE	✓	✓	✓
PRE- & POST-OP TESTS EKG, LAB WORK, X-RAY, LEAK TESTS	✓	✓	✓
MEDICAL EVALUATION INTERNAL MEDICINE, ANESTHESIOLOGY	✓	✓	✓
ENDOSCOPY PRE- & POST-OPERATIVE	✓	✗	✗
MEDICAL COMPLICATION INSURANCE 30-DAY COVERAGE, ACUTE COMPLICATIONS	✓	✓	✗
LIQUID DIET PROTEIN SHAKES, BROTH, JELL-O, POPSICLES, ELECTROLYTES	✓	✓	✓
SURGEON CONSULTATIONS UNLIMITED (PHONE / VIDEO)	✓	✓	✓
NUTRITIONIST CONSULTATIONS UNLIMITED (PHONE / VIDEO)	✓	✓	✓
MEDICATIONS TO-GO ANTIBIOTICS, PAINKILLERS, ANTI-NAUSEA, ETC.	✓	✓	✓
ON-SITE BILINGUAL ASSISTANCE 24/7	✓	✓	✓
EXTRAS WIFI, FMLA/STD FORMS, COMPLIMENTARY SURGERY VIDEO	✓	✓	✓
HIATAL HERNIA REPAIR IF DIAGNOSED PRIOR OR DURING SURGERY	\$399	FREE	FREE

Surgery Packages Comparison

2

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Gastric Bypass (MINI / RNY)

FEATURES	ELITE CARE PACKAGE \$5,699	SIGNATURE CARE PACKAGE \$5,099	CLINICAL CARE PACKAGE \$4,899
HOSPITAL FULL-SERVICE, CERTIFIED, ICU, BLOOD BANK	2 NIGHTS NEW CITY HOSPITAL	2 NIGHTS BLUE HOSPITAL	2 NIGHTS BLUE HOSPITAL
PRIVATE ROOM WITH PRIVATE BATHROOM	✓	✓	✓
HOTEL STAY PRIVATE ROOM: KING, DOUBLE, CARE	3 NIGHTS QUARTZ HOTEL	2 NIGHTS QUARTZ HOTEL	1 NIGHT QUARTZ HOTEL
TRANSPORTATION WITH MEDICAL PASS	✓	✓	✓
COMPANION STAY FREE	✓	✓	✓
PRE- & POST-OP TESTS EKG, LAB WORK, X-RAY, LEAK TESTS	✓	✓	✓
MEDICAL EVALUATION INTERNAL MEDICINE, ANESTHESIOLOGY	✓	✓	✓
ENDOSCOPY PRE- & POST-OPERATIVE	✓	✗	✗
MEDICAL COMPLICATION INSURANCE 30-DAY COVERAGE, ACUTE COMPLICATIONS	✓	✓	✗
LIQUID DIET PROTEIN SHAKES, BROTH, JELL-O, POPSICLES, ELECTROLYTES	✓	✓	✓
SURGEON CONSULTATIONS UNLIMITED (PHONE / VIDEO)	✓	✓	✓
NUTRITIONIST CONSULTATIONS UNLIMITED (PHONE / VIDEO)	✓	✓	✓
MEDICATIONS TO-GO ANTIBIOTICS, PAINKILLERS, ANTI-NAUSEA, ETC.	✓	✓	✓
ON-SITE BILINGUAL ASSISTANCE 24/7	✓	✓	✓
EXTRAS WIFI, FMLA/STD FORMS, COMPLIMENTARY SURGERY VIDEO	\$399	FREE	FREE
HIATAL HERNIA REPAIR IF DIAGNOSED PRIOR OR DURING SURGERY			

Surgery Packages Comparison

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SADI-S (Single Anastomosis Duodeno-Ileal Bypass with Sleeve Gastrectomy)

FEATURES	ELITE CARE PACKAGE \$6,799	SIGATURE CARE PACKAGE \$5,999	CLINICAL CARE PACKAGE \$5,799
HOSPITAL FULL-SERVICE, CERTIFIED, ICU, BLOOD BANK	2 NIGHTS NEW CITY HOSPITAL	2 NIGHTS BLUE HOSPITAL	2 NIGHTS BLUE HOSPITAL
PRIVATE ROOM WITH PRIVATE BATHROOM	✓	✓	✓
HOTEL STAY PRIVATE ROOM: KING, DOUBLE, CARE	3 NIGHTS QUARTZ HOTEL	2 NIGHTS QUARTZ HOTEL	1 NIGHT QUARTZ HOTEL
TRANSPORTATION WITH MEDICAL PASS	✓	✓	✓
COMPANION STAY FREE	✓	✓	✓
PRE- & POST-OP TESTS EKG, LAB WORK, X-RAY, LEAK TESTS	✓	✓	✓
MEDICAL EVALUATION INTERNAL MEDICINE, ANESTHESIOLOGY	✓	✓	✓
ENDOSCOPY PRE- & POST-OPERATIVE	✓	✗	✗
MEDICAL COMPLICATION INSURANCE 30-DAY COVERAGE, ACUTE COMPLICATIONS	✓	✓	✗
LIQUID DIET PROTEIN SHAKES, BROTH, JELL-O, POPSICLES, ELECTROLYTES	✓	✓	✓
SURGEON CONSULTATIONS UNLIMITED (PHONE / VIDEO)	✓	✓	✓
NUTRITIONIST CONSULTATIONS UNLIMITED (PHONE / VIDEO)	✓	✓	✓
MEDICATIONS TO-GO ANTIBIOTICS, PAINKILLERS, ANTI-NAUSEA, ETC.	✓	✓	✓
ON-SITE BILINGUAL ASSISTANCE 24/7	✓	✓	✓
EXTRAS WIFI, FMLA/STD FORMS, COMPLIMENTARY SURGERY VIDEO	✓	✓	✓
HIATAL HERNIA REPAIR IF DIAGNOSED PRIOR OR DURING SURGERY	\$399	FREE	FREE

Complete List of Surgeries

INQUIRE WITH YOUR PATIENT COORDINATOR ABOUT OTHER AVAILABLE PROCEDURES

FIRST-TIME SURGERY	ELITE CARE PACKAGE	SIGNATURE CARE PACKAGE	CLINICAL CARE PACKAGE
GASTRIC SLEEVE (VSG)	\$4,699	\$3,999	\$3,799
GASTRIC SLEEVE SINGLE INCISION (SILS)	\$5,199	\$4,499	\$4,299
ENDOSCOPIC SLEEVE GASTROPLASTY	\$7,499	\$6,999	\$6,899
GASTRIC BYPASS (RNY OR MINI)	\$5,699	\$5,099	\$4,899
SADI-S	\$6,799	\$5,999	\$5,799
REVISION SURGERY	ELITE CARE PACKAGE	SIGNATURE CARE PACKAGE	CLINICAL CARE PACKAGE
LAP BAND TO GASTRIC SLEEVE	\$5,199	\$4,499	\$4,299
LAP BAND TO GASTRIC BYPASS (RNY OR MINI)	\$6,199	\$5,599	\$5,399
SLEEVE (LAPAROSCOPIC OR ENDO) TO GASTRIC BYPASS (RNY OR MINI)	\$6,199	\$5,599	\$5,399
GASTRIC SLEEVE ENDO TO LAPAROSCOPIC	\$5,199	\$4,499	\$4,299
MINI BYPASS TO RNY BYPASS	\$6,199	\$5,599	\$5,399
RNY BYPASS TO MORE DISTAL RNY BYPASS	\$6,699	\$6,099	\$5,899
GASTRIC SLEEVE TO SADI-S	\$7,299	\$6,499	\$6,299
NISSEN FUNDOPPLICATION TO RNY BYPASS	\$6,699	\$6,099	\$5,899
COMMON ADDITIONAL PROCEDURES WHEN PAIRED WITH MAIN SURGERY	ELITE CARE PACKAGE	SIGNATURE CARE PACKAGE	CLINICAL CARE PACKAGE
HIATAL HERNIA REPAIR	\$399	FREE	FREE
UMBILICAL HERNIA REPAIR	\$500	\$500	\$500
GALLBLADDER REMOVAL	\$850	\$650	\$650
TUBAL LIGATION	\$650	\$500	\$500

THE DIFFERENCE LIES IN COMFORT, CONVENIENCE, AND ADDITIONAL SERVICES — NOT IN THE QUALITY OR SAFETY OF CARE.

ELITE CARE PACKAGE

✓ **BEST FOR:**

The **Elite Care Package** represents the highest level of comfort, coordination, and integrated medical services available in Tijuana. It offers an exceptional balance of luxury, safety, medical oversight, and convenience for patients who value a seamless, one-location experience and enhanced recovery support.

- International patients traveling long distances (including New Zealand, Canada, and non-U.S. residents) who require arrival one day prior to surgery and additional recovery time after hospital discharge. This package includes both a pre-operative and post-operative hotel stay for maximum comfort and convenience.
- Patients with a higher BMI (greater than 55) or significant medical comorbidities who may benefit from extended post-discharge observation. Two hotel nights are included to support a safer, more gradual recovery under medical supervision.
- Patients with gastrointestinal concerns who require an endoscopy at the time of surgery. Pre- and post-operative endoscopy is included in the Elite Care Package.
- Patients with increased surgical risk who value additional protection, as medical complication insurance is included.
- Patients who prioritize comfort, extended recovery time, comprehensive services, and the convenience of having all medical and hotel facilities within the same complex. New City Hospital and the Quartz Hotel are connected within the same complex, creating a seamless one-stop experience that prioritizes comfort, privacy, and efficiency.

WHO SHOULD NOT ✗ CONSIDER ELITE CARE PACKAGE

- Patients who are primarily focused on minimizing cost and are comfortable with a more streamlined, hospital-only or limited-hotel experience may prefer one of our other care packages. While all packages include the same surgeons, hospital safety standards, and quality of medical care, the Elite Care Package includes additional services and luxury accommodations that may not be necessary for every patient.
- Patients who do not require extended recovery time, endoscopy services, or on-site luxury accommodations may find greater value in our Signature Care Package or Clinical Care Package.

ELITE CARE PACKAGE - OPTIONAL ADD-ONS

The **Elite Care Package** already includes our most comprehensive level of services. The following optional add-ons are available for additional customization:

- \$15 per day - Companion Breakfast (2026 rate, tax included). Available for the companion during the hotel stay only.
- Additional Personal Services (available for all Care Packages). Optional services such as in-room massage, private guided sightseeing tours, dental services, Botox, dermal fillers, and other wellness or aesthetic treatments may be arranged upon request.

THE DIFFERENCE LIES IN COMFORT, CONVENIENCE, AND ADDITIONAL SERVICES — NOT IN THE QUALITY OR SAFETY OF CARE.

SIGNATURE CARE PACKAGE

✓ **BEST FOR:**

The **Signature Care Package** is ideal for patients seeking a well-balanced option that combines high-quality medical care with essential comfort and convenience. It is especially well suited for:

- Patients who want hotel accommodations included without the need for extended hospital luxury.
- Patients traveling from the U.S. or nearby regions who do not require additional pre- or post-operative recovery days.
- Patients who value medical complication insurance but do not need endoscopy services.
- Patients who want a streamlined experience that still includes private transportation, companion stay, and guided post-operative support.

This package offers excellent value while maintaining the same medical standards, surgeon expertise, and hospital safety protocols as our higher-tier option.

WHO SHOULD NOT ✗ CONSIDER SIGNATURE CARE PACKAGE

- Patients who require endoscopy during surgery, extended recovery time, or a fully integrated luxury experience with all services in one location may be better served by the Elite Care Package.
- Additionally, patients who prefer to manage all lodging and non-medical arrangements independently may find the Clinical Care Package more appropriate.

SIGNATURE CARE PACKAGE – OPTIONAL ADD-ONS

Patients choosing the **Signature Care Package** may enhance their experience with the following optional services:

- \$140 Endoscopy. Available upon medical indication.
- \$159 Additional Hotel Accommodations. Extra hotel nights may be added if extended recovery or travel flexibility is needed.
- \$15 per day – Companion Breakfast (2026 rate, tax included). Available for the companion during the hotel stay only.
- Additional Personal Services (available for all Care Packages). Optional services such as in-room massage, private guided sightseeing tours, dental services, Botox, dermal fillers, and other wellness or aesthetic treatments may be arranged upon request.

THE DIFFERENCE LIES IN COMFORT, CONVENIENCE, AND ADDITIONAL SERVICES — NOT IN THE QUALITY OR SAFETY OF CARE.

CLINICAL CARE PACKAGE

✓ **BEST FOR:**

The **Clinical Care Package** is designed for patients who want a focused, hospital-based surgical experience with maximum flexibility outside of medical care.

It is best suited for:

- Patients who prefer to arrange their own hotel accommodations or stay with family or friends.
- Patients who are medically stable and do not require extended recovery or additional medical services.
- Patients who prioritize cost efficiency while still receiving the same experienced surgeons and certified hospital care.
- Patients comfortable with a more independent recovery process, while still having access to unlimited surgeon and nutritionist consultations.

This package delivers exceptional medical value without added hospitality or luxury components.

ARRIVAL & ADMISSION FLEXIBILITY

To support patient convenience, the following options are available with the **Clinical Care Package**:

- **Arrival on the day of surgery before 12:00 p.m.**, with departure upon hospital discharge, is available upon medical approval.
- **Arrival the day before surgery with hospital admission at 8:00 p.m.** is available **at no additional cost**. The pre-operative night may be conveniently spent at the hospital.

WHO SHOULD NOT ✗ CONSIDER CLINICAL CARE PACKAGE

- Patients who want hotel accommodations included, medical complication insurance, or a more concierge-style experience may prefer the Signature Care Package or Elite Care Package.
- Patients traveling long distances, those with higher surgical risk, or those who prefer additional recovery monitoring outside the hospital setting may benefit from a higher-tier option.

CLINICAL CARE PACKAGE – OPTIONAL ADD-ONS

The **Clinical Care Package** offers a streamlined surgical experience with the flexibility to add services as needed:

- \$140 Endoscopy. Available upon medical indication.
- \$60 Medical Complication Insurance. May be added for additional coverage and peace of mind.
- \$159 Hotel Accommodations. Hotel stays may be added for patients who prefer accommodations arranged through our team.
- \$15 per day – Companion Breakfast (2026 rate, tax included). Available for the companion during the hotel stay only.
- Additional Personal Services (available for all Care Packages). Optional services such as in-room massage, private guided sightseeing tours, dental services, Botox, dermal fillers, and other wellness or aesthetic treatments may be arranged upon request.

WHAT IS NOT INCLUDED IN SURGERY PACKAGES

All surgery packages do not include:

- Airfare
- Cafeteria meals or food for companions

UNDERSTANDING POSSIBLE ADDITIONAL COSTS

All prices are quoted in **U.S. dollars**.

In most cases, no additional costs are anticipated. However, every patient is unique. Depending on factors such as body mass index (BMI), pre-existing medical conditions, revision surgery, or specific medical findings during surgery, certain additional expenses may apply.

These situations are not common, but we believe in full transparency. We encourage all patients to review their individual medical history with their patient coordinator, who can help anticipate any potential additional costs in advance whenever possible.

MOST COMMON ADDITIONAL EXPENSES

Elite Care Package

- High BMI surcharge
 - BMI 55-64.9: \$500
 - BMI 65-74.9: \$1,000
 - BMI 75+: \$1,500
- Hiatal Hernia Repair – \$399 If diagnosed before or during surgery, repair is required. Photo or video documentation is provided. Payment is required before hospital discharge. (Occurs in approximately 10-15% of bariatric patients.)
- HIV or Hepatitis C+ – \$750. Additional cost due to specialized surgical instrument handling.
- Gallbladder Removal – \$850
- Tubal Ligation – \$650
- Single incision fee \$500 (when single incision gastric sleeve is requested, low BMI < 35 is required)

Signature or Clinical Care Package

- High BMI surcharge
 - BMI 55-64.9: \$400
 - BMI 65-74.9: \$700
 - BMI 75+: \$900
- Hiatal Hernia Repair – FREE
- HIV or Hepatitis C+ – \$650
- Gallbladder Removal – \$650
- Tubal Ligation – \$500
- Single incision fee \$500 (when single incision gastric sleeve is requested, low BMI < 35 is required)

ADDITIONAL EXPENSES THAT MAY APPLY TO ANY PACKAGE

These are situational and apply only when medically indicated or requested by the patient:

- CPAP machine rental – \$150. Recommended for patients with sleep apnea or low oxygen levels. Bringing your own CPAP is encouraged if applicable.
- Endoscopy \$140 (during surgery) or \$400 (as a separate procedure), if requested by the patient or required by the surgeon.
- Optional extended blood thinner medication – \$50+ For patients at higher risk of blood clots after discharge (long travel time, high BMI, etc.)
- Pathology testing – \$80-\$100+ Ordered only if suspicious tissue, polyps, tumors, or H. pylori are found. Required in fewer than 10% of patients.
- Optional additional medications to take home – \$30-\$100+ Extra antacids, pain medications, or supportive medications for travel home.
- Heating pad – \$35 (optional; patients may bring their own)
- Massage therapy (1 hour) – \$60 (tip not included)
- Private guided tour (Tijuana or Rosarito) – \$70+
- Hotel security deposit – \$100-\$200 (refundable). Paid at hotel check-in via credit (VISA, MC) or debit card.
- Additional surgery date changes – \$100 per change. After two free changes. Fee is non-refundable.
- Additional hotel nights – \$159 per night (2026 rate, tax included). Subject to availability and rate changes.
- Companion breakfast – \$15 per night. Available upon request.

VERY RARE ADDITIONAL EXPENSES

These apply only in uncommon, medically necessary situations:

- Ultrasound \$60 – \$75 (depending on provider, available upon request).
- Additional anesthesia reversal medication (Sugammadex / Bridion) – \$100. Only if extra dosage is required.
- Pneumatic compression boots – \$165. May be required for patients with very high BMI.
- Blood transfusion – Average \$500+ Only if anemia is discovered during pre-op testing and surgery cannot proceed safely without it.
- Additional medical pass – \$40. If requested for faster border crossing (1 pass is included free of charge).

MORE THAN ONE COMPANION-RELATED EXPENSES

All surgery packages include one patient and one companion. When traveling with more than one companion, the following expenses will apply:

- Extra hotel room – \$159 per night
- Additional guest hotel fee – \$49 per night per extra guest
- Extra transportation – \$80 per ride / \$160 round trip
- Additional protein shakes – \$5 each

OUR GOAL IS TO PROVIDE A SAFE, TRANSPARENT, AND PREDICTABLE EXPERIENCE.

MOST PATIENTS DO NOT INCUR ADDITIONAL COSTS.

WHEN ADDITIONAL EXPENSES ARE POSSIBLE, THEY ARE ALWAYS DISCUSSED OPENLY AND, WHENEVER FEASIBLE, ANTICIPATED IN ADVANCE.

MEDICAL COMPLICATION INSURANCE

MEDICAL COMPLICATION INSURANCE IS DESIGNED TO PROVIDE ADDITIONAL PROTECTION IN THE EVENT OF CERTAIN ACUTE SURGICAL COMPLICATIONS. COVERAGE APPLIES UNDER SPECIFIC CONDITIONS AND LIMITATIONS, AS OUTLINED BELOW.

PACKAGE AVAILABILITY

- **Included** in the Elite Care Package
- **Included** in the Signature Care Package
- **Not included** in the Clinical Care Package

Patients selecting the **Clinical Care Package** may choose to **purchase medical complication insurance as an optional add-on**. If insurance is not purchased, the patient will be **financially responsible for any costs** associated with the management and treatment of post-operative complications.

WHAT IS COVERED

Medical complication insurance covers **acute post-operative surgical complications** that require medical or surgical intervention, including:

- Post-operative bleeding
- Incisional hernia
- Internal hernia
- Anastomotic or staple-line leak
- Bowel obstruction
- Stricture
- Incisional infection requiring surgical treatment

Coverage includes **all medically necessary treatment related to the above complications for up to 30 days after surgery, within the territory of Mexico only**.

WHAT IS NOT COVERED

Medical complication insurance **does not cover**:

- Medical care or expenses incurred **outside of Mexico**
- Expenses related to **pre-existing conditions**, such as iron-deficiency anemia requiring blood transfusion
- Complications resulting from **failure to follow pre-operative or post-operative instructions**, including but not limited to:
 - Not quitting smoking or vaping at least 30 days prior to surgery
 - Failure to take prescribed medications (e.g., PPIs before or after surgery)
- Any **refund** (partial or full) of surgery costs in the event of a complication

RESPONSIBILITY FOR PATIENTS WITHOUT INSURANCE (CLINICAL CARE PACKAGE)

Patients who select the **Clinical Care Package** and **choose not to purchase medical complication insurance** understand and agree that:

- They will be **fully responsible for all medical costs** associated with the diagnosis, treatment, hospitalization, surgery, medications, transportation, lodging, and any other expenses related to managing a post-operative complication.
- These costs may be **significant and unpredictable**, depending on the nature and severity of the complication.

For this reason, medical complication insurance is **strongly recommended** for patients who prefer additional financial protection.

TRAVEL & ACCOMMODATION COVERAGE

(WHEN INSURANCE APPLIES)

If a covered complication requires the patient to return to Mexico within **30 days post-op**, the insurance includes:

- **Up to \$500 USD reimbursement for airfare**
- (Patient only; companion airfare is not covered)
- **Up to 7 hotel nights** in Tijuana (standard room)
- **Ground transportation:**
- San Diego Airport ⇄ Hospital ⇄ Hotel ⇄ San Diego Airport
- (Covered for 1 patient + 1 companion)

IMPORTANT CONDITIONS & PATIENT RESPONSIBILITY

- Medical complication insurance applies only to qualifying surgical complications listed above.
- Coverage is valid only when all medical instructions are strictly followed.
- All patients proceed with surgery with the understanding that every surgical procedure carries inherent risks, even when performed appropriately and safely.

OUR GOAL IS TO PROVIDE CLARITY, SAFETY, AND PEACE OF MIND.
MEDICAL COMPLICATION INSURANCE IS INTENDED TO ASSIST PATIENTS IN RARE BUT SERIOUS SITUATIONS.

IT DOES NOT ELIMINATE SURGICAL RISK, NOR DOES IT REPLACE PERSONAL RESPONSIBILITY OR COMPLIANCE WITH MEDICAL GUIDANCE.